

STAR 94 FM

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Always #1 For Today's Hit Music

Steve & Vikki Morning Show

Cindy & Ray

Star Music

Personalities

Entertainment

The Station



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Personalities

Cindy Simmons : [My Stuff](#)

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♥ "FAVORITES" ♥

Favorite hair place: VIS-A-VIS THE SALON in Buckhead.
visavisthesalon.com or 404.266.3320 to make an appt. Make sure and ask for Meredith (for color). She rocks!

Favorite New Place: Sona Laser Center in Alpharetta. (Let me tell you, this is THE place for Laser Hair Removal...tell them I sent ya!) It's new and everyone is so nice there. It's like going to hang out with your friends. No more shaving or waxing again...EVER! Call them @ 770.475.1300 or www.SonaLaserCenters.com

Favorite New Work Out: The Bootcamp Challenge. Yes, if this sounds insane, that's because it is. It is eight weeks of a once a day sixty-minute intense work-out. (6am, 9am, or 6pm) It will put a small ouch in your wallet but I am telling you this beats anything I have ever done. Running, sit-ups, running, push-ups, running, crunches, running, squats and did I say running?! It's led by a bunch of very cool but demanding drill sergeants. I am not kidding when I say it very hard, but it's really GREAT! And trust me on this one...I am a total wuss and I LOVE it! All fitness levels welcome. Go to www.eclipse1on1.com and click on EXTREME for more info. or just call Corey Waller at (678) 491-0911 to enroll. Please tell 'em Cindy sent you!

Favorite New CD: Big & Rich's debut CD "Horse of a Different Color." go to www.bigandrich.com for more details. Catch them out when they come to town with Tim McGraw at Hi-Fi Buys Amphitheater June 17th!

Favorite New Handbag: Tallula Tate. (Tallula Tate designs vintage-inspired handbags that give you three essential looks of the season with modern classic style) SUPER cute and fabulous! Check out the store locator at www.tallulatate.com for a store near you! Check out the new clutches. Your friends will be very envious!

Favorite Treats: Haven Restaurant and Bar on Dresden in Brookhaven, www.havenrestaurant.com, Lobster bisque at The Clubhouse in Buckhead, Arby's Jalepeno Poppers, Mellow Mushroom, Eatzie's Hummus, Totinos frozen pepperoni pizza, Taco Bell, Cereal,



RENAISSANCE PENNELL RESORT



- Atlanta Braves
- Sting
- Dave Matthews
- Prince
- Madonna
- Chastain Concerts
- Pixies
- American Idols Live
- Alanis Morissette & Barenaked Ladies
- The Cure






Pizza Combos, chocolate covered gummy bears, Crabcakes at Dick & Harry's in Roswell, Chips and salsa, cheese dip (ok, anything cheese), Lay's Salt and Vinegar potato chips, Cadbury Eggs, the cheese toast at The Smokehouse in Burbank, California, and Red-Velvet cake, ok...any cake.

Love to shop at: In Atlanta...Sage, (www.sageclothing.com), Sandpiper (www.sandpiperatl.com), Luxe, Fabrik, and Anthropologie. Flavour in Nashville. Any Bloomingdales, Gap, Nana Republic or Target.

Must Watch TV: Cafe Central TV (www.cafecentraltv.com), TN Titans football, Alias, Nip/Tuck, Will and Grace, Sex & The City, OPRAH, WB, Seinfeld, I Love Lucy, MTV, VH1 and anything on E!

Mack Daddy Remax Real Estate guy: Max Baerman
baermanm@bellsouth.net www.realestateofatlanta.com He rocks!!!!

Can't live without: My new hubby (2 years as of April 27th), Momma Jane (My mom - THE coolest woman in America-see second bubble above) and my BEST friend in Cali, Allison. (see third bubble above),

 E-mail, Pilates, my very cool new iPod, TIVO and of course, my Cingular Wireless cell phone. cingular.com

Favorite movies: My Fair Lady, Breakfast At Tiffany's, Grease 2 (Yes, I said 2 and yes I know I'm a dork), When Harry Met Sally, Swingers, Shawshank Redemption, The Sound of Music, Office Space, Never Been Kissed and any 80's Brat Pack movie.


Favorite Drink: Water, Coffee and Appletini's.

Favorite Spa: Great for a massage, facial, mani/pedi, anything. Try a gift certificate. www.spasydell.com

CD's in my car: Lonestar's new CD "Let's Be Us Again" & Lonestar's Greatest Hits, Big & Rich's "Horse of a Different Color", A very cool special "Beat" CD with some Ursher, Nelly, Missy Elliot, Chingy, & 50 Cent, Liz Phair, Rick Springfield's Greatest Hits Live, Justin Timberlake, Duran Duran Greatest Hits, Chely Wright, The Monkees Greatest Hits, Harry Connick Jr., Britney Spears, Rascal Flatts, Nicole Nordeman and N'Sync.

Favorite Make-up: MAC 

Must read: Robyn Spizman's The Giftionary (www.robynspizman.com), In Style, Lucky, Good Housekeeping, Shape, Oprah's "O", Reader's Digest, US Weekly, The Devil Wears Prada by Lauren Weisberger and the Left Behind Book Series.

Favorite Fun Store: The Highland Trading Co. in Alpharetta. (815 Mayfield Road in Historic Crabapple/ Alpharetta. 678.393.0722 Tell Annamarie I said hello!)  www.highlandtradingcompany.com

Charity: Creative Enterprises in Lawrenceville (ceisite.com)/Breast Cancer charities - Atlanta 2-Day Walk (www.2daywalk.org) (If you missed walking last year like I did, sign up early for this year's walk on **October 23 & 24, 2004!!!** Registration will be online soon!) / Susan G. Komen (www.komen-atlanta.org) Komen Race For The Cure / Children's Healthcare of Atlanta. (www.choa.org) / DARE(daretorescue.com) -Dachshund Adoption and Rescue

[HOT LINKS] - - - -

- ✦ Our latest big winner in the "Free Money Birthday Game" ... **GO!**
- ✦ Would you be caught dead in this shirt? ... **GO!**
- ✦ Reporter Takes A Fall ... **GO!**
- ✦ Cheap Gas in Atlanta ... **GO!**
- ✦ Request a phone-scram from Steve... **GO!**

Organization / P.A.L.S. -(www.palsatlanta.org) / March of Dimes (www.walkamerica.org) and ALS alsaga.org.

Top 5 list: (of course AFTER my hubby) 😊

1. Peter Berg (actor/director/YUMMI EST!)
2. Michael Vartan (actor - Alias)
3. Gavin Rossdale (lead singer of Bush)
4. Colin Farrell (actor = HOT!)
5. David Anders (Sark from Alias)

She is always friendly and sweet, well almost always. You might want to wear some protective padding if you go over to her place for board games.